SCHOOLHOUSE GRILL
School Meal Specialist

Allergy Menu

NOVEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	**3**	**4**	**5**	**6**
Gluten, Dairy & Egg Free - Enriched Whole Grain Pasta w/ Marinara Sauce ½ c Fresh or Cooked Vegetable Fresh or Chilled Fruit	"Breakfast For Lunch" Gluten, Dairy & Egg Free Waffles 2 ea Turkey Sausage Patty 1 ea Fresh or Chilled Fruit	Gluten, Dairy & Egg Free Grilled Chicken Strips 2 oz w/ Enriched Whole Grain Rice ¼ c Fresh or Cooked Vegetable Fresh or Chilled Fruit	Gluten, Dairy & Egg Free - Whole Grain Chicken Tenders 3 ea Fresh or Cooked Vegetable Fresh or Chilled Fruit	Gluten, Dairy & Egg Free - Turkey Sandwich Fresh or Cooked Vegetable Fresh or Chilled Fruit
9	**10**	**11**	**12**	**13**
Gluten, Dairy & Egg Free Grilled Fajita Chicken Strips 2 oz w/ Enriched Whole Grain Rice ¼ c Fresh or Cooked Vegetable Fresh or Chilled Fruit	Gluten, Dairy & Egg Free Grilled Chicken Strips 2 oz w/ Enriched Whole Grain Rice ¼ c Fresh or Cooked Vegetable Fresh or Chilled Fruit	Gluten, Dairy & Egg Free - Enriched Whole Grain Pasta w/ Marinara Sauce ½ c Fresh or Cooked Vegetable Fresh or Chilled Fruit	Gluten, Dairy & Egg Free - Whole Grain Chicken Tenders 3 ea Fresh or Cooked Vegetable Fresh or Chilled Fruit	Gluten, Dairy & Egg Free - Whole Grain Chicken Nuggets 4 ea Fresh or Cooked Vegetable Fresh or Chilled Fruit
16	**17**	**18**	**19**	**20**
Gluten, Dairy & Egg Free - Enriched Whole Grain Pasta w/ Marinara Sauce ½ c Fresh or Cooked Vegetable Fresh or Chilled Fruit	Gluten, Dairy & Egg Free - Whole Grain Chicken Tenders 3 ea Fresh or Cooked Vegetable Fresh or Chilled Fruit	"Breakfast For Lunch" Gluten, Dairy & Egg Free Waffles 2 ea Turkey Sausage Patty 1 ea Fresh or Chilled Fruit	Gluten, Dairy & Egg Free - Enriched Whole Grain Pasta w/ Marinara Sauce ½ c Fresh or Cooked Vegetable Fresh or Chilled Fruit	Gluten, Dairy & Egg Free Grilled Chicken Strips 2 oz w/ Enriched Whole Grain Rice ¼ c Fresh or Cooked Vegetable Fresh or Chilled Fruit
23	**24**	**25**	**26**	**27**
Gluten, Dairy & Egg Free - Enriched Whole Grain Pasta w/ Marinara Sauce ½ c Fresh or Cooked Vegetable Fresh or Chilled Fruit	Gluten, Dairy & Egg Free Grilled Fajita Chicken Strips 2 oz w/ Enriched Whole Grain Rice ¼ c Fresh or Cooked Vegetable Fresh or Chilled Fruit	Gluten, Dairy & Egg Free - Enriched Whole Grain Pasta w/ Marinara Sauce ½ c Fresh or Cooked Vegetable Fresh or Chilled Fruit	Thanksgiving Holiday	Thanksgiving Holiday
30				
Gluten, Dairy & Egg Free - Whole Grain Chicken Nuggets 4 ea Fresh or Cooked Vegetable Fresh or Chilled Fruit				