SCHOOLHOUSE GRILL
School Meal Specialist

# Sparkles! Crystal City - Infant

# April 2022

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| | | | | **1** |
| All lunches served with age appropriate milk, either 1% or whole milk.<br><br>All meals conform to grain requirements of ½ oz equivalent. | THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS | Fresh or Chilled Fruit: Apples, Cantaloupe, Watermelon, Honeydew, Banana, Oranges<br><br>This Institution is an equal opportunity provider. | | Organic Cheese & Vegetable Tortelloni w/ Pesto ¼ c<br>Fresh Cucumber Slices 2 ea w/ Creamy Ranch Dip<br>Veggie: Cheese & Vegetable Tortelloni; Fresh or Chilled Fruit |
| **4** | **5** | **6** | **7** | **8** |
| Whole Grain Breaded Chicken Nuggets 2 ea; ½ oz Enriched Bread Slice; Sweet Hot Baby Peas ¼ c; Veggie: Morningstar Chik Nuggets<br>Fresh or Chilled Fruit | Italian Cavatappi Pasta w/ Bolognese (Chicken) Sauce ¼ c<br>Sweet Yellow Corn ¼ c<br>Veggie: Italian Cavatappi w/ Marinara<br>Fresh or Chilled Fruit | "Breakfast For Lunch"<br>Jumbo Square Waffles 1 ea w/ Syrup<br>Turkey Sausage Patty ½ ea<br>Veggie: Morningstar Breakfast Patty; Fresh or Chilled Fruit | Home-Style Turkey Meatballs 2 ea over Enriched Whole Grain Rice ¼ c; Fresh Tossed Salad ¼ c w/ Ranch Dressing; Veggie: Veggie Balls over Rice<br>Fresh or Chilled Fruit | Cheddar Cheese Quesadilla ½ ea; Two-Way Hot (Peas & Carrots)<br>Mixed Vegetables ¼ c<br>Veggie: Cheese Quesadilla<br>Fresh or Chilled Fruit |
| **11** | **12** | **13** | **14** | **15** |
| Whole Grain Breaded Chicken Tenders 2 ea; ½ oz Enriched Bread Slice; Capri Blend Hot Mixed Vegetables ¼ c<br>Veggie: Morningstar Tenders<br>Fresh or Chilled Fruit | Teriyaki Chicken Strips 1 oz w/ Enriched Whole Grain Rice ¼ c<br>Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip<br>Veggie: Veggie Teriyaki Chik Strips; Fresh or Chilled Fruit | Kid Fav Creamy Mac n' Cheese ¼ c<br>Five-Way Hot Mixed Vegetables ¼ c<br>Veggie: Mac n' Cheese<br>Fresh or Chilled Fruit | Slow Roasted Turkey & American Cheese Sub ¼ ea<br>Fresh Green Beans ¼ c<br>Veggie: Double Cheese Sub<br>Fresh or Chilled Fruit | Hawaiian Turkey Meatballs 2 ea over Enriched Grain Rice ¼ c<br>Fresh Cucumber Slices 2 ea w/ Creamy Ranch Dip; Veggie: Veggie Hawaiian Balls over Rice<br>Fresh or Chilled Fruit |
| **18** | **19** | **20** | **21** | **22** |
| Chicken Fajita Rice Bowl 1 oz Enriched Whole Grain Rice ¼ c w/ Cheddar Cheese; Fresh Tossed Salad ¼ c w/ Ranch Dressing; Veggie: Bean Rice Bowl; Fresh or Chilled Fruit | Classic Cheesy Baked Ziti ¼ c<br>Two-Way Hot (Peas & Corn) Mixed Vegetables ¼ c<br>Veggie: Cheesy Baked Ziti<br>Fresh or Chilled Fruit | "Breakfast For Lunch"<br>Buttermilk Pancakes 1 ea w/ Syrup<br>Turkey Sausage Patty ½ ea<br>Veggie: Morningstar Breakfast Patty; Fresh or Chilled Fruit | Grilled Chicken Breast ½ ea & Gravy; Creamy Mashed Potatoes ¼ c; Fresh Cucumber Slices 3 ea w/ Creamy Ranch Dip; Veggie: Morningstar Patty<br>Fresh or Chilled Fruit | House Made Creamy Chicken Penne Alfredo ¼ c<br>Two-Way Hot (Peas & Carrots) Mixed Vegetables ¼ c<br>Veggie: Creamy Penne Alfredo<br>Fresh or Chilled Fruit |
| **25** | **26** | **27** | **28** | **29** |
| Kid Fav Creamy Mac n' Cheese ¼ c<br>California Blend Hot Mixed Vegetables ¼ c<br>Veggie: Mac n' Cheese<br>Fresh or Chilled Fruit | Home-Style Turkey Meatballs 2 ea over Enriched Whole Grain Rice ¼ c; Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip<br>Veggie: Veggie Balls over Rice<br>Fresh or Chilled Fruit | Fresh Grilled Beef Hamburger Patty on Whole Grain Bun ½ ea<br>Capri Blend Hot Mixed Vegetables ¼ c; Veggie: Morningstar Garden Burger on Bun; Fresh or Chilled Fruit | Mini Four Cheese Ravioli w/ Marinara Sauce ¼ c<br>Sweet Yellow Corn ¼ c<br>Veggie: Mini Four Cheese Ravioli w/ Marinara Sauce<br>Fresh or Chilled Fruit | Whole Grain Breaded Chicken Tenders 2 ea<br>½ oz Enriched Bread Slice<br>Fresh Green Beans ¼ c<br>Veggie: Morningstar Tenders<br>Fresh or Chilled Fruit |