SCHOOLHOUSE GRILL
School Meal Specialist

Sparkles! Crystal City - Snack

December 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 AM: Whole Grain English Muffin ½ ea w/ Fruit Preserves Daily Fresh Fruit ½ c PM: Mini Corn Muffin 1 ea w/ ½ c Milk	**2** AM: Blueberry Yogurt 2 oz w/ Daily Fresh Fruit ½ c PM: Goldfish Crackers ¼ c Daily Fresh Fruit ½ c	**3** AM: Mini Blueberry Muffin 1 ea w/ ½ c Milk PM: Soft Whole Wheat Baked Pretzel ½ ea w/ American Cheese Slice 1 ea
6 AM: ⅓ c Corn Flakes Cereal w/ ½ c Milk PM: Saltine Crackers 4 ea w/ Mozzarella String Cheese ½ ea	**7** AM: Whole Grain Bagel ½ ea w/ Cream Cheese 2 oz ea PM: Oyster Crackers ¼ c w/ Mild Cheddar Cheese Cubes 3 ea	**8** AM: Honey Wheat Biscuit ½ ea w/ Fruit Preserves 1 ea w/ ½ c Milk PM: Hawaiian Roll 1 ea w/ American Cheese Slice 1 ea	**9** AM: Mini Apple Cinnamon Muffin 1 ea w/ ½ c Milk PM: ½ ea Strawberry Fruit Bar w/ Daily Fresh Fruit ½ c	**10** AM: ⅓ c Life Cereal w/ ½ c Milk PM: Buttery Ritz Crackers 4 ea w/ Mild Cheddar Cheese Cubes 3 ea
13 AM: ½ ea Bagel with Strawberry Cream Cheese w/ Daily Fresh Fruit ½ c PM: Enriched Pita Bread ½ ea w/ American Cheese Slice 1 ea	**14** AM: Cinnamon Raisin Bread ½ ea w/ Daily Fresh Fruit ½ c PM: Townhouse Crackers 4 ea w/ Mozzarella String Cheese 1 ea	**15** AM: ⅓ c Toasted Oats Cereal w/ ½ c Milk PM: Animal Crackers 4 ea w/ Daily Fresh Fruit ½ c	**16** AM: Whole Grain English Muffin ½ ea w/ Fruit Preserves Daily Fresh Fruit ½ c PM: Hawaiian Roll 1 ea w/ American Cheese Slice 1 ea	**17** AM: Cherry Vanilla Yogurt 2 oz w/ Daily Fresh Fruit ½ c PM: Tandori Nan ½ ea w/ 2 oz Hummus Dip
20 AM: ⅓ c Corn Chex Cereal w/ ½ c Milk PM: Buttery Ritz Crackers 4 ea w/ Mild Cheddar Cheese Cubes 3 ea	**21** AM: Mini Blueberry Muffin 1 ea w/ ½ c Milk PM: Cinnamon Raisin Bread ½ ea w/ Daily Fresh Fruit ½ c	**22** AM: Raspberry Yogurt 2 oz w/ Daily Fresh Fruit ½ c PM: Animal Crackers 4 ea w/ Daily Fresh Fruit ½ c	**23** AM: ⅓ c Corn Chex Cereal w/ ½ c Milk PM: Saltine Crackers 4 ea w/ Mozzarella String Cheese ½ ea	**24** Christmas Day Observed SHG Closed
27 AM: ⅓ c Rice Crispies Cereal w/ ½ c Milk PM: Tandori Nan ½ ea w/ 2 oz Hummus Dip	**28** AM: Mini Banana Muffin 1 ea w/ ½ c Milk PM: Wheatberry Bread Slice 1 ea w/ Cheddar Cheese Cubes 3 ea	**29** AM: ½ ea Bagel with Strawberry Cream Cheese w/ Daily Fresh Fruit ½ PM: Soft Whole Wheat Baked Pretzel 1 ea w/ American Cheese Slice 1 ea	**30** AM: ⅓ c Corn Flakes Cereal w/ ½ c Milk PM: Graham Crackers 4 ea w/ Daily Fresh Fruit ½ c	**31** New Year's Day Observed SHG Closed