SCHOOLHOUSE GRILL
School Meal Specialist

Sparkles! Crystal City

June 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Home-Style Turkey Meatballs 3 ea over Creamy Mashed Potatoes ¼ c; Freshly Sliced Cucumbers 3 ea w/ Ranch Dip Veggie: Veggie Balls over Rice Fresh or Chilled Fruit	**2** Italian Meatball 3 ea Sub ½ ea Topped w/ Mozzarella Cheese Fresh Tossed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Italian Meatless Ball Sub Fresh or Chilled Fruit	**3** Sloppy Joe Beef BBQ 2 oz on a Whole Grain Bun 1 ea Cooked Diced Carrots ¼ c Veggie: Double Cheese Sub Fresh or Chilled Fruit	**4** “Breakfast For Lunch” Buttermilk Pancakes 2 ea w/ Syrup Turkey Sausage Patty 1 ea Veggie: Morningstar Breakfast Patty; Fresh or Chilled Fruit
7 Whole Grain Baked Chicken Nuggets 4 ea Fresh Green Beans ¼ c Veggie: Morningstar Nuggets Fresh or Chilled Fruit	**8** Cheesy Baked Ziti ½ c Freshly Sliced Cucumbers 3 ea w/ Creamy Ranch Dip Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit	**9** Teriyaki Chicken Strips 2 oz w/ Enriched Whole Grain Rice ¼ c Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip Veggie: Veggie Teriyaki Chik Strips; Fresh or Chilled Fruit	**10** Fresh Grilled Beef Hamburger Patty on Whole Grain Bun 1 ea Sweet Yellow Corn ¼ c Veggie: Morningstar Garden Burger on Bun Fresh or Chilled Fruit	**11** Kid Fav Mac N' Cheese ½ c Five-Way Hot Mixed Vegetables ¼ c Veggie: Kid Fav Mac N' Cheese Fresh or Chilled Fruit
14 Four Cheese Ravioli w/ Marinara Sauce ½ c Two-Way Hot (Peas & Carrots) Mixed Vegetables ¼ c Veggie: Four Cheese Ravioli Fresh or Chilled Fruit	**15** Whole Grain Baked Chicken Tenders 3 ea Fresh Green Beans ¼ c Veggie: Morningstar Tenders Fresh or Chilled Fruit	**16** House Made Creamy Chicken Penne Alfredo ½ c Five-Way Hot Mixed Vegetables ¼ c Veggie: Penne Alfredo Fresh or Chilled Fruit	**17** Beef Taco Rice Bowl 2 oz Enriched Whole Grain Rice ¼ c w/ Cheddar Cheese; Fresh Cucumbers 3 ea w/ Creamy Ranch Dip; Veggie: Bean Rice Bowl Fresh or Chilled Fruit	**18** Whole Grain Breaded Chicken Patty on Bun 1 ea Sweet Yellow Corn ¼ c Veggie: Morningstar Chik Patty on Bun Fresh or Chilled Fruit
21 Whole Grain Baked Chicken Nuggets 4 ea California Blend Hot Mixed Vegetables ¼ c Veggie: Morningstar Nuggets Fresh or Chilled Fruit	**22** Grilled Chicken Breast 1 ea w. Gravy & Creamy Mashed Potatoes ¼ c; Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip; Veggie: Morningstar Chik Patty; Fresh or Chilled Fruit	**23** “Breakfast For Lunch” Jumbo Square Waffles 2 ea w/ Syrup Turkey Sausage Patty 1 ea Veggie: Morningstar Breakfast Patty; Fresh or Chilled Fruit	**24** Italian Spaghetti w/ Bolognese (Chicken) Sauce ½ c Five-Way Hot Mixed Vegetables ¼ c; Veggie: Italian Spaghetti w/ Marinara Fresh or Chilled Fruit	**25** Hawaiian Turkey Meatballs 3 ea over Enriched Grain Rice ¼ c Freshly Sliced Cucumbers 3 ea w/ Creamy Ranch Dip Veggie: Veggie Hawaiian Balls over Rice; Fresh or Chilled Fruit
28 Whole Grain Baked Chicken Tenders 3 ea Sweet Yellow Corn ¼ c Veggie: Morningstar Tenders Fresh or Chilled Fruit	**29** Kid Fav Mac N' Cheese ½ c Five-Way Hot Mixed Vegetables ¼ c Veggie: Kid Fav Mac N' Cheese Fresh or Chilled Fruit	**30** Home-Style Turkey Meatballs 3 ea over Enriched Whole Grain Rice ¼ c; Tossed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Veggie Balls over Rice Fresh or Chilled Fruit	THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS All lunches served with age appropriate milk, either 1% or whole milk.	Fresh or Chilled Fruit: Cantaloupe, Watermelon, Apple, Banana, Orange Wedges