SCHOOLHOUSE GRILL
School Meal Specialist

Sparkles! Crystal City - Snack

May 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 AM: ⅓ c Apple Cinnamon Toasted Oats Cereal w/ ½ c Milk PM: Enriched Pita Bread ½ ea w/ Daily Fresh Fruit ½ c	**4** AM: ½ ea Bagel with Strawberry Cream Cheese w/ Daily Fresh Fruit ½ c PM: Saltine Crackers 4 ea w/ Cheddar Cheese Cubes 3 ea	**5** AM: ½ ea Apple Breakfast Bar w/ Daily Fresh Fruit ½ c PM: Wheatberry Bread Slice ½ ea w/ Daily Fresh Fruit ½ c	**6** AM: ⅓ c Corn Flakes Cereal w/ ½ c Milk PM: Animal Crackers 4 ea w/ Daily Fresh Fruit ½ c	**7** AM: Whole Grain English Muffin ½ ea w/ Fruit Preserves w/ ½ c Milk PM: Ritz Crackers 4 ea w/ American Cheese Slice 1 ea
10 AM: Mini Apple Cinnamon Muffin 1 ea w/ ½ c Milk PM: Tandoori Nan Flat Bread ½ ea w/ Daily Fresh Fruit ½ c	**11** AM: ⅓ c Rice Crispies Cereal w/ ½ c Milk PM: Graham Crackers 4 ea w/ Mozzarella String Cheese ½ ea	**12** AM: Cinnamon Raisin Bread Slice ½ ea w/ Apple Butter 1 ea PM: Vanilla Wafers 5 ea w/ Daily Fresh Fruit ½ c	**13** AM: Raspberry Yogurt 2 oz w/ Daily Fresh Fruit ½ c PM: Whole Grain Bread Stick ½ ea w/ American Cheese Slice 1 ea	**14** AM: ½ ea Bagel with Cinnamon Cream Cheese w/ Daily Fresh Fruit ½ c PM: Soft Whole Wheat Baked Pretzel 1 ea w/ Daily Fresh Fruit ½ c
17 AM: ⅓ c Whole Grain Toasted Oats Cereal w/ ½ c Milk PM: Saltine Crackers 4 ea w/ Daily Fresh Fruit ½ c	**18** AM: Mini Banana Bran Muffin 1 ea w/ ½ c Milk PM: Oyster Crackers ¼ c w/ Cheddar Cheese Cubes 3 ea	**19** AM: ⅓ c Corn Chex Cereal w/ ½ c Milk PM: Wheatberry Bread Slice ½ ea w/ American Cheese Slice 1 ea	**20** AM: Honey Wheat Biscuit ½ ea w/ Fruit Preserves 1 ea Daily Fresh Fruit ½ c PM: Enriched Pita Bread ½ ea Fresh Cucumber Slices 3 ea w/ Creamy Ranch Dip	**21** AM: Whole Grain Bagel ½ ea w/ Cream Cheese 2 oz ea PM: Vanilla Wafers 5 ea w/ Daily Fresh Fruit ½ c
24 AM: Strawberry Banana Yogurt 2 oz w/ ½ oz Cinnamon Granola Crunch PM: Goldfish Crackers ¼ c Daily Fresh Fruit ½ c	**25** AM: ⅓ c Rice Chex Cereal w/ ½ c Milk PM: Ritz Crackers 4 ea w/ American Cheese Slice 1 ea	**26** AM: Mini Blueberry Muffin 1 ea w/ ½ c Milk PM: Enriched Pita Bread ½ ea Fresh Cucumber Slices 3 ea w/ Creamy Ranch Dip	**27** AM: Peach Yogurt 2 oz; Daily Fresh Fruit ½ c PM: Soft Whole Wheat Baked Pretzel 1 ea w/ Daily Fresh Fruit ½ c	**28** AM: ½ ea Apple Breakfast Bar w/ Daily Fresh Fruit ½ c PM: Enriched Pita Bread ½ ea w/ Daily Fresh Fruit ½ c
31 Memoria Day Holiday School Closed				