SCHOOLHOUSE GRILL
School Meal Specialist

Sparkles! Crystal City

May 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	**4**	**5**	**6**	**7**
Italian Spaghetti w/ Bolognese (Chicken) Sauce ½ c Sweet Yellow Corn ¼ c Veggie: Italian Spaghetti w/ Marinara Fresh or Chilled Fruit	Home-Style Turkey Meatballs 3 ea over Creamy Mashed Potatoes ¼ c; Freshly Sliced Cucumbers 3 ea w/ Ranch Dip Veggie: Veggie Balls over Rice Fresh or Chilled Fruit	Cinco de Mayo - Beef Taco Rice Bowl 2 oz w/ Enriched Whole Grain Rice ¼ c w/ Cheddar Cheese; Salad ¼ c w/ Ranch Dressing; Veggie: Bean Rice Bowl; Fresh or Chilled Fruit	Rainbow Tortellini Pasta Blend w/ Kale Pesto Sauce ½ c Cooked Diced Carrots ¼ c Veggie: Rainbow Tortellini Pasta Blend w/ Kale Pesto Sauce Fresh or Chilled Fruit	"Breakfast For Lunch" French Toast Sticks 3 ea w/ Syrup Turkey Sausage Patty 1 ea Veggie: Morningstar Breakfast Patty; Fresh or Chilled Fruit
10	**11**	**12**	**13**	**14**
Whole Grain Baked Chicken Nuggets 4 ea Fresh Green Beans ¼ c Veggie: Morningstar Nuggets Fresh or Chilled Fruit	Cheesy Baked Ziti ½ c California Blend Hot Mixed Vegetables ¼ c Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit	Orange Chicken Strips 2 oz w/ Enriched Whole Grain Rice ¼ c Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip Veggie: Veggie Orange Chik Strips; Fresh or Chilled Fruit	Whole Grain Breaded Chicken Patty on Bun 1 ea Sweet Yellow Corn ¼ c Veggie: Morningstar Chik Patty on Bun Fresh or Chilled Fruit	Kid Fav Mac N' Cheese ½ c Five-Way Hot Mixed Vegetables ¼ c Veggie: Kid Fav Mac N' Cheese Fresh or Chilled Fruit
17	**18**	**19**	**20**	**21**
Four Cheese Ravioli w/ Marinara Sauce ½ c Two-Way Hot (Peas & Carrots) Mixed Vegetables ¼ c Veggie: Four Cheese Ravioli Fresh or Chilled Fruit	Whole Grain Baked Chicken Tenders 3 ea Fresh Green Beans ¼ c Veggie: Morningstar Tenders Fresh or Chilled Fruit	House Made Creamy Chicken Penne Alfredo ½ c Cooked Carrot Coins ¼ c Veggie: Penne Alfredo Fresh or Chilled Fruit	Slow Roasted Turkey & American Cheese Sub ½ ea Freshly Sliced Cucumbers 3 ea w/ Creamy Ranch Dip Veggie: Double Cheese Sub Fresh or Chilled Fruit	Northwester Pollock Fish Patty on Whole Grain Bun 1 ea Sweet Yellow Corn ¼ c Veggie: Morningstar Garden Burger on Bun Fresh or Chilled Fruit
24	**25**	**26**	**27**	**28**
Kid Fav Mac N' Cheese ½ c California Blend Hot Mixed Vegetables ¼ c Veggie: Kid Fav Mac N' Cheese Fresh or Chilled Fruit	Salisbury Steak 1 ea & Gravy Creamy Mashed Potatoes ¼ c Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip Veggie: Morningstar Chik Patty Fresh or Chilled Fruit	"Breakfast For Lunch" Jumbo Square Waffles 2 ea w/ Syrup Turkey Sausage Patty 1 ea Veggie: Morningstar Breakfast Patty; Fresh or Chilled Fruit	Italian Spaghetti w/ Bolognese (Chicken) Sauce ½ c Five-Way Hot Mixed Vegetables ¼ c; Veggie: Italian Spaghetti w/ Marinara Fresh or Chilled Fruit	Hawaiian Turkey Meatballs 3 ea over Enriched Grain Rice ¼ c Freshly Sliced Cucumbers 3 ea w/ Creamy Ranch Dip Veggie: Veggie Hawaiian Balls over Rice; Fresh or Chilled Fruit
31				
Memorial Day Holiday School Closed			THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS All lunches served with age appropriate milk, either 1% or whole milk.	Fresh or Chilled Fruit: Cantaloupe, Watermelon, Apple, Banana, Orange Wedges