SCHOOLHOUSE GRILL
School Meal Specialist

# Sparkles! Crystal City - Infant

# January 2021

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| | | | | 1 |
| THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS<br>All lunches served with age appropriate milk, either 1% or whole milk. | Fresh or Chilled Fruit: Cantaloupe, Watermelon, Apple, Banana, Orange Wedges | | | New Years Day Holiday<br><br>School Closed |
| 4 | 5 | 6 | 7 | 8 |
| Orange Chicken Strips 1 oz w/ Enriched Whole Grain Rice ¼ c Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip Veggie: Orange 'Chik' Strips Fresh or Chilled Fruit | House Made Creamy Chicken Penne Alfredo ¼ c Cooked Sweet Baby Peas ¼ c Veggie: Penne Alfredo Fresh or Chilled Fruit | Whole Grain Baked Chicken Nuggets 2 ea Sweet Yellow Corn ¼ c Veggie: Morningstar Nuggets Fresh or Chilled Fruit | Cheesy Baked Ziti ¼ c Fresh Tossed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit | Salisbury Steak ½ ea & Gravy Creamy Mashed Potatoes ¼ c Fresh Cucumber Slices 2 ea w/ Creamy Ranch Dip; Veggie: Morningstar Chik Patty Fresh or Chilled Fruit |
| 11 | 12 | 13 | 14 | 15 |
| Rainbow Tortellini Pasta Blend w/ Kale Pesto Sauce ¼ c Fresh Green Beans ¼ c Veggie: Rainbow Tortellini Pasta Blend w/ Kale Pesto Sauce Fresh or Chilled Fruit | Chicken Fajita Rice Bowl 1 oz Enriched Whole Grain Rice ¼ c w/ Cheddar Cheese); Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip; Veggie:Bean Rice Bowl; Fresh or Chilled Fruit | Kid Fav Mac N' Cheese ¼ c Five-Way Hot Mixed Vegetables ¼ c Veggie: Kid Fav Mac N' Cheese Fresh or Chilled Fruit | Whole Grain Breaded Chicken Patty on Bun ½ ea California Blend Hot Mixed Vegetables ¼ c Veggie: Morningstar Garden Burger on Bun; Fresh Fruit | "Breakfast For Lunch" Jumbo Square Waffles 1 ea w/ Syrup Turkey Sausage Patty 1 ea Veggie: Morningstar Breakfast Patty; Fresh or Chilled Fruit |
| 18 | 19 | 20 | 21 | 22 |
| Martin Luther King Jr. Day Holiday<br><br>School Closed | Four Cheese Ravioli w/ Marinara Sauce ¼ c Fresh Green Beans ¼ c Veggie: Four Cheese Ravioli Fresh or Chilled Fruit | Hawaiian Turkey Meatballs 2 ea over Enriched Grain Rice ¼ c Freshly Sliced Cucumber 3 ea w/ Creamy Ranch Dip Veggie: Veggie Hawaiian Balls over Rice; Fresh or Chilled Fruit | Italian Spaghetti w/ Bolognese (Chicken) Sauce ¼ c Sweet Yellow Corn ¼ c Veggie: Italian Spaghetti w/ Marinara Fresh or Chilled Fruit | Cheddar Cheese Quesadilla ½ ea Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip Veggie: Cheddar Cheese Quesadilla; Fresh or Chilled Fruit |
| 25 | 26 | 27 | 28 | 29 |
| House Made Creamy Chicken Penne Alfredo ¼ c Cooked Sweet Baby Peas ¼ c Veggie: Penne Alfredo Fresh or Chilled Fruit | "Breakfast For Lunch" Buttermilk Pancakes 1 ea w/ Syrup Turkey Sausage Patty 1 ea Veggie: Morningstar Breakfast Patty; Fresh or Chilled Fruit | Cheesy Baked Ziti ¼ c Fresh Tossed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit | Home-Style Turkey Meatballs & Gravy 2 ea over Creamy Mashed Potatoes ¼ c; Cucumber Slices 3 ea w/ Ranch Dip Veggie: Veggie Balls Fresh or Chilled Fruit | Whole Grain Baked Chicken Tenders 1 ea Sweet Yellow Corn ¼ c Veggie: Morningstar Nuggets Fresh or Chilled Fruit |