Sparkles! Fair Oaks - Infant

March 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS	Fresh or Chilled Fruit: Cantaloupe, Watermelon, Apple, Banana, Orange Wedges All lunches served with age appropriate milk, either 1% or whole milk.	Fresh or Chilled Fruit: Cantaloupe, Watermelon, Apple, Banana, Orange Wedges		Cheesy Baked Ziti ¼ c Sweet Yellow Corn ¼ c Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit
4	5	6	7	8
Teriyaki Chicken Strips 1 oz ea & Enriched Long Grain Rice ¼ c Fresh Cucumber Slices 3 ea w/ Creamy Ranch Dip Veggie: Veggie Egg Roll Fresh or Chilled Fruit	Creamy Mac & Cheese ¼ c Fresh Green Beans ¼ c Veggie: Creamy Mac & Cheese Fresh or Chilled Fruit	Home-Style Turkey Meatballs 2 ea over Rice ¼ c Fresh Baby Carrots ¼ c w/ Creamy Ranch Dressing Veggie: Veggie Balls over Rice Fresh or Chilled Fruit	Four Cheese Ravioli w/ Marinara Sauce ¼ c California Mixed Vegetables ¼ c Veggie: Four Cheese Ravioli Fresh or Chilled Fruit	Whole Grain Baked Chicken Nuggets 2 ea Cooked Sweet Baby Peas ¼ c Veggie: Chik'n Nuggets 4 ea Fresh or Chilled Fruit
11	12	13	14	15
Rainbow Tortellini Pasta Blend w/ Kale Pesto Sauce ¼ c Sweet Yellow Corn ¼ c Veggie: Rainbow Tortellini Pasta Blend w/ Kale Pesto Sauce Fresh or Chilled Fruit	Grilled Fresh Chicken Breast ½ ea & Enriched Long Grain Rice ¼ c; Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip; Veggie: Veggie Chik Patty Fresh or Chilled Fruit	"Breakfast For Lunch" Buttermilk Pancakes 1 ea w/ Syrup Chicken Sausage Patty 1 ea Veggie: Veggie Breakfast Patty Fresh or Chilled Fruit	Italian Spaghetti w/ Bolognese (non-beef) Sauce ¼ c Five-Way Hot Mixed Vegetables ¼ c Veggie: Italian Spaghetti w/ Marinara; Fresh or Chilled Fruit	Slow Roasted Turkey & Cheese Sub ½ ea Fresh Tossed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Double Cheese Sub Fresh or Chilled Fruit
18	19	20	21	22
Whole Grain Baked Chicken Nuggets 2 ea Fresh Cucumber Slices 3 ea w/ Creamy Ranch Dip Veggie: Morningstar Nuggets Fresh or Chilled Fruit	Creamy Chicken Penne Alfredo ¼ c Cooked Sweet Baby Peas ¼ c Veggie: Penne Alfredo Fresh or Chilled Fruit	Northwestern Pollock Fish Patty on Bun ½ ea Cooked Carrot Coins ¼ c Veggie: Morningstar Garden Burger on Bun Fresh or Chilled Fruit	Salisbury Steak ½ ea & Gravy Creamy Mashed Potatoes ¼ c Fresh Tossed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Veggie Chik Patty Fresh or Chilled Fruit	Cheesy Baked Ziti ¼ c Fresh Green Beans ¼ c Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit
25	26	27	28	29
Beef Taco Rice Bowl (Beef Taco 1 oz over Rice ¼ c w/ Cheddar Cheese); Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip Veggie: Bean Rice Bowl Fresh or Chilled Fruit	Creamy Mac & Cheese ¼ c California Blend Mixed Vegetables ¼ c Veggie: Creamy Mac & Cheese Fresh or Chilled Fruit	"Breakfast For Lunch" French Toast Sticks 2 ea w/ Syrup Chicken Sausage Patty 1 ea Veggie: Veggie Breakfast Patty Fresh or Chilled Fruit	Baked Chicken Fingers 2 ea Sweet Yellow Corn ¼ c Veggie: Morningstar Nuggets Fresh or Chilled Fruit	Italian Turkey Meatball 2 ea Sub Five-Way Hot Mixed Vegetables ¼ c Veggie: Italian Veggie Ball Sub Fresh or Chilled Fruit