SCHOOLHOUSE GRILL
School Meal Specialists

Sparkles! Crystal City - Snack

June 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 AM: 1/3 c Life Cereal ¾ c Milk PM: Animal Crackers 5 ea Daily Fresh Fruit ½ c
4 AM: Enriched Wheat Begal ½ ea Cream Cheese 1 oz PM: Ritz Crackers 4 ea Mozzarella String Cheese ½ oz	**5** AM: 1/3 c Toasted Oats Cereal ¾ c Milk PM: Vanilla Wafers 5 ea Mild Cheddar Cheese Stick ½ ea	**6** AM: 1/3 c Corn Flakes Cereal ¾ c Milk PM: Daily Fresh Fruit ½ c Honey Graham Crackers 4 ea	**7** AM: Wheatberry Bread Slice ½ ea w/ Fruit Preserves ¾ c Milk PM: Mini Apple Muffin 1 ea ¾ c Milk	**8** AM: 1/3 c Life Cereal ¾ c Milk PM: Organic Brown Rice Cake 1 ea 100% Apple Juice ½ c
11 AM: Cinnamon Swirl Bagel 1 ea Cream Cheese 1 oz ¾ c Milk PM: Mild Cheddar Cheese Stick ½ ea Saltine Crackers 4 ea	**12** AM: 1/3 c Rice Crispies Cereal ¾ c Milk PM: Daily Fresh Fruit ½ c Wheatberry Bread Slice ½ ea	**13** AM: Mini Corn Muffin 1 ea ¾ c Milk PM: Vanilla Wafers 5 ea 100% Apple Juice ½ c	**14** AM: 1/3 c Cheerios Cereal ¾ c Milk PM: 100% Apple Juice ½ c Goldfish Crackers ¼ c	**15** AM: Mini Blueberry Muffin 1 ea ¾ c Milk PM: Ritz Crackers 4 ea Mozzarella String Cheese ½ oz
18 AM: 1/3 c Corn Flakes Cereal ¾ c Milk PM: Townhouse Crackers 4 ea American Cheese Slice 1 ea	**19** AM: Whole Grain English Muffin ½ ea w/ Fruit Preserves ¾ c Milk PM: Daily Fresh Fruit ½ c Honey Graham Crackers 4 ea	**20** AM: 1/3 c Life Cereal ¾ c Milk PM: Daily Fresh Fruit ½ c Enriched Wheat Flour Pita Bread ½ ea	**21** AM: Low-fat Yogurt 2 oz Daily Fresh Fruit ½ c ¾ c Milk PM: Wheatberry Bread Slice ½ ea American Cheese Slice 1 ea	**22** AM: 1/3 c Rice Crispies Cereal ¾ c Milk PM: Animal Crackers 5 ea Cheddar Cheese Cubes 3 ea
25 AM: Mini Apple Muffin 1 ea ¾ c Milk PM: American Cheese Slice 1 ea Oyster Crackers ¼ c	**26** AM: 1/3 c Toasted Oats Cereal ¾ c Milk PM: 100% Apple Juice ½ c Vanilla Wafers 5 ea	**27** AM: Wheatberry Bread Slice ½ ea w/ Fruit Preserves ¾ c Milk PM: Whole Wheat Bread Stick 1 ea Cheddar Cheese Cubes 3 ea	**28** AM: Mini Corn Muffin 1 ea ¾ c Milk PM: Daily Fresh Fruit ½ c Honey Graham Crackers 4 ea	**29** AM: 1/3 c Corn Flakes Cereal ¾ c Milk PM: American Cheese Slice 1 ea Goldfish Crackers ¼ c

Fresh or Chilled Fruit: Cantaloupe, Watermelon, Apple, Banana, Orange Wedges, Pears, Diced Pears, Peaches, Apple Sauce; Fresh Vegetables are Included with Every Meal

Fresh Fruits Used Daily - Chilled Fruits used on days Produce is not Ripened

THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS