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Food and Nutrition Services
Fairfax County Public Schools

Sparkles May 2018



Monday	Tuesday	Wednesday	Thursday	Friday					
	1 Celery (w/Dip) Cheese Stick Bottled Water	3/4 c 1 ea. 1 ea	2 WG Apple Muffin Top Orange (Quartered) Bottled Water	1 ea 1 ea 1 ea	3 WG Banana Bread 1 % Unflavored Milk	1 slice 1/2 pt.	4 WG Cheddar Goldfish Crackers 1% Unflavored Milk	1 bag 1/2 pt.	
7 WG Cheerios Cereal 1% Unflavored Milk	1 ea. 1/2 pt.	8 Fresh Apple Slices Wow Butter 1% Unflavored Milk	1 ea 1 ea 1/2 pt.	9 WG Super Soft Pretzel Mustard 100% Juice	1 ea 1 ea 6 oz	10 WG French Toast Goldfish Grahams 100% Juice	1 bag 6 oz.	11 Cinnamon Rice Chex 1% Unflavored Milk	1 ea. 1/2 pt.
14 WG Bagel with Cream Cheese 100% Juice	1 ea 1 ea 6 oz.	15 Fresh Apple Slices Wow Butter Bottled Water	1 ea 1 ea 1 ea	16 WG Tortilla Chips with Salsa Cup 100% Juice	1 bag #30 scp 6 oz.	17 Cinnamon Rice Chex 1% Unflavored Milk	1 ea. 1/2 pt.	18 WG Super Soft Pretzel Mustard 100% Juice	1 ea 1 ea 6 oz
21 Fresh Apple Slices Wow Butter 1% Unflavored Milk	1 ea 1 ea 1/2 pt.	22 WG French Toast Goldfish Grahams 100% Juice	1 bag 6 oz.	23 Carrots (w/Dip) Cheese Stick Bottled Water	3/4 c 1 ea. 1 ea.	24 WG Tortilla Chips with Salsa Cup 100% Juice	1 bag #30 scp 6 oz.	25 WG Cheerios Cereal 1% Unflavored Milk	1ea. 1/2 pt.
28 MEMORIAL DAY NO SCHOOL	29 WG Bagel with Cream Cheese 100% Juice	1 ea 1 ea 6 oz.	30 Fresh Apple Slices Wow Butter Bottled Water	1 ea 1 ea 1 ea	31 WG Cheerios Cereal 1% Unflavored Milk	1 ea. 1/2 pt.	June 1 WG Apple Muffin Top 1% Unflavored Milk	1 ea. 1/2 pt.	

WG = Whole Grain

Menus are subject to change due to availability of foods and emergency school closings.

"This institution is an equal opportunity provider."