SCHOOLHOUSE GRILL
School Meal Specialists

# Sparkles! - Lunch

## May 2018

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| | **1** | **2** | **3** | **4** |
| Fresh Fruits Used Daily - Chilled Fruits used on days Produce is not Ripened<br>THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS | Spiral Mac & Cheese ½ c<br>Fresh Green Beans ¼ c<br>Veggie: Creamy Mac & Cheese<br>Fresh or Chilled Fruit | "Breakfast For Lunch"<br>Jumbo Square Waffles 2 ea w/ Syrup<br>Chicken Sausage Patty 1 ea<br>Veggie: Veggie Breakfast Patty<br>Fresh or Chilled Fruit | Hawaiian Meatballs 3 ea & Enriched Long Grain Rice ¼ c<br>Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip; Veggie: Hawaiian Veggie Balls on Rice<br>Fresh or Chilled Fruit | Whole Grain Baked Chicken Nuggets 4 ea<br>California Mixed Vegetables ¼ c<br>Veggie: Veggie Chik Nuggets<br>Fresh or Chilled Fruit |
| **7** | **8** | **9** | **10** | **11** |
| Cheesy Baked Ziti ½ c<br>Five-Way Hot Mixed Vegetables ¼ c<br>Veggie: Cheesy Baked Ziti<br>Fresh or Chilled Fruit | Chicken Fajita Rice Bowl (Chicken Fajita 2 oz over Rice w/ Cheddar Cheese); Cucumber Slices 3 ea w/ Creamy Ranch Dip<br>Veggie: Bean Rice Bowl<br>Fresh or Chilled Fruit | Baked Chicken Fingers 3 ea<br>Fresh Tossed Salad ¼ c w/ Creamy Ranch Dressing<br>Veggie: Veggie Chik Nuggets<br>Fresh or Chilled Fruit | Rainbow Tortellini Pasta w/ Kale Pesto Sauce ½ c<br>Hot Diced Carrot & Pea Mixed Vegetables ¼ c<br>Veggie: Rainbow Tortellini Pasta<br>Fresh or Chilled Fruit | Northwestern Pollock Fish Bites 3 ea<br>Crinkle Cut Carrot Coins ¼ c<br>Veggie: Veggie Chik Nuggets<br>Fresh or Chilled Fruit |
| **14** | **15** | **16** | **17** | **18** |
| Home-Style Turkey Meatballs 3ea over Mashed Potatoes ¼ c<br>Fresh Cucumber Slices 3 ea w/ Creamy Ranch Dip<br>Veggie: Veggie Meatballs<br>Fresh or Chilled Fruit | Cheese Ravioli with Marinara ½ c<br>California Mixed Vegetables ¼ c<br>Veggie: Cheese Ravioli with Marinara ½ c<br>Fresh or Chilled Fruit | "Breakfast For Lunch"<br>French Toast Sticks 3 ea w/ Syrup<br>Chicken Sausage Patty 1 ea<br>Veggie: Veggie Breakfast Patty<br>Fresh or Chilled Fruit | Slow Roasted Turkey & Cheese Sub 1 ea<br>Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip<br>Veggie: Double Cheese Sub<br>Fresh or Chilled Fruit | Cheesy Baked Ziti ½ c<br>Fresh Green Beans ¼ c<br>Veggie: Cheesy Baked Ziti<br>Fresh or Chilled Fruit |
| **21** | **22** | **23** | **24** | **25** |
| Whole Grain Baked Chicken Nuggets 4 ea<br>Sweet Yellow Corn ¼ c<br>Veggie: Veggie Chik Nuggets<br>Fresh or Chilled Fruit | Teriyaki Chicken & Vegetable Blend 1/3 c over Rice ¼ c<br>Fresh Cucumber Slices 3 ea w/ Creamy Ranch Dip<br>Veggie: Veggie Fried Rice<br>Fresh or Chilled Fruit | Spiral Mac & Cheese ½ c<br>Five-Way Hot Mixed Vegetables ¼ c<br>Veggie: Mac & Cheese<br>Fresh or Chilled Fruit | Italian Turkey Meatball 3 ea Sub<br>Cooked Sweet Baby Peas ¼ c<br>Veggie: Veggie Italian Meatless Meatball Sub<br>Fresh or Chilled Fruit | Baked Chicken Fingers 3 ea<br>California Mixed Vegetables ¼ c<br>Veggie: Veggie Chik Nuggets<br>Fresh or Chilled Fruit |
| **28** | **29** | **30** | **31** | |
| Memorial Day<br><br>Holiday | Creamy Chicken Fettuccine Alfredo ½ c<br>Cooked Carrot Coins ¼ c<br>Veggie: Fettuccine Alfredo<br>Fresh or Chilled Fruit | Baked Chicken Fingers 3 ea<br>Fresh Tossed Salad ¼ c w/ Creamy Ranch Dressing<br>Veggie: Veggie Chik Nuggets<br>Fresh or Chilled Fruit | Breaded Chicken Patty on Bun 1 ea<br>Fresh Green Beans ¼ c<br>Veggie: Veggie BOCA Burger<br>Fresh or Chilled Fruit | Fresh or Chilled Fruit: Cantaloupe, Watermelon, Apple, Banana, Orange Wedges, Pears, Diced Pears, Peaches, Apple Sauce; Fresh Vegetables are Included with Every Meal |