



fcps.nutrislice.com

Food and Nutrition Services
Fairfax County Public Schools

Sparkles March 2018



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Fresh Apple Slices 1 ea Wow Butter 1 ea Bottled Water 1 ea	2 WG Super Soft Pretzel 1 ea Mustard 1 ea 100% Juice 6 oz.
5 WG French Toast Goldfish Grahams 1 ea 100% Juice 6 oz.	6 Cinnamon Rice Chex 1 ea 1% Unflavored Milk 1/2 pt.	7 WG Bagel with Cream Cheese 1 ea 100% Juice 6 oz.	8 Fresh Apple Slices 1 ea Wow Butter 1 ea Bottled Water 1 ea	9 WG Tortilla Chips with Salsa Cup 1 bag #30 scp 100% Juice 6 oz.
12 Cinnamon Rice Chex 1 ea 1% Unflavored Milk 1/2 pt.	13 WG Super Soft Pretzel 1 ea Mustard 1 ea 100% Juice 6 oz.	14 Fresh Apple Slices 1 ea Wow Butter 1 ea Bottled Water 1 ea	15 WG French Toast Goldfish Grahams 1 ea 100% Juice 6 oz.	16 Carrots (w/Dip) 3/4 c Cheese Stick 1 ea Bottled Water 1 ea.
19 WG Tortilla Chips with Salsa Cup 1 bag #30 scp 100% Juice 6 oz.	20 WG Bagel with Cream Cheese 1 ea 100% Juice 6 oz.	21 Fresh Apple Slices 1 ea Wow Butter 1 ea Bottled Water 1 ea	22 WG Cheerios Cereal 1 ea 1% Unflavored Milk 1/2 pt.	23 WG Apple Muffin Top 1 ea 1% Unflavored Milk 1/2 pt.
SPRING BREAK: MARCH 26TH-30TH				

WG = Whole Grain

Menus are subject to change due to availability of foods and emergency school closings.

"This institution is an equal opportunity provider."