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Food and Nutrition Services
Fairfax County Public Schools

Sparkles February 2018



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|--|
| | | | 1 WG Tortilla Chips with Salsa Cup 100% Juice | 1 bag #30 scp 6 oz. 2 Cinnamon Rice Chex 1% Unflavored Milk |
| 5 WG Super Soft Pretzel Mustard 100% Juice | 6 Fresh Apple Slices Wow Butter 1% Unflavored Milk | 7 WG French Toast Goldfish Grahams 100% Juice | 8 Cheese Stick Carrots with Dip Bottled Water | 9 WG Tortilla Chips with Salsa Cup 100% Juice |
| 1 ea 1 ea 6 oz. | 1 ea 1 ea 1/2 pt. | 1 ea 6 oz. | 1 ea 3/4 c 1 ea. 1 ea | 1 ea. 1/2 pt. |
| 12 WG Bagel with Cream Cheese 100% Juice | 13 Fresh Apple Slices Wow Butter Bottled Water | 14 WG Cheerios Cereal 1% Unflavored Milk pt. | 15 WG Apple Muffin Top 1% Unflavored Milk | 16 WG Cinnamon Cream Cheese Bagel 1% Unflavored Milk |
| 1 ea 1 ea 6 oz. | 1 ea 1 ea 1 ea | 1 ea. 1/2 | 1 ea. 1/2 pt. | 1 ea. 1/2 pt. |
| 19 President's Day School/SACC Closed | 20 Cinnamon Rice Chex 1% Unflavored Milk | 21 WG French Toast Goldfish Grahams 100% Juice | 22 Celery (w/Dip) Cheese Stick Bottled Water | 23 WG Cheddar Goldfish Crackers 1% Unflavored Milk |
| | 1 ea. 1/2 pt. | 1 ea 6 oz. | 3/4 c 1 ea. 1 ea. | 1 bag 1/2 pt. |
| 26 WG Banana Bread 1% Unflavored Milk | 27 WG Apple Muffin Top Orange (Quartered) Bottled Water | 28 WG Cheerios Cereal 1% Unflavored Milk | | |
| 1 slice 1/2 pt. | 1 ea 1 ea 1 ea | 1 ea. 1/2 pt. | | |

WG = Whole Grain

Menus are subject to change due to availability of foods and emergency school closings.

"This institution is an equal opportunity provider."