SCHOOLHOUSE GRILL
School Meal Specialists

Sparkles! Lunch

January 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	**2**	**3**	**4**	**5**
New Years Day Holiday	Classic Cheesy Baked Ziti ½ c Fresh Green Beans ¼ c Veggie: Baked Ziti Fresh or Chilled Fruit	Baked Chicken Nuggets 4 ea California Mixed Vegetables ¼ c Veggie: Veggie Chik Nuggets Fresh or Chilled Fruit	Rainbow Tortellini Pasta w/ Kale Basil Pesto ½ c Cooked Carrot Coins ¼ c Veggie: Cheese Tortellini Pasta Blend Fresh or Chilled Fruit	Northwestern Pollock Fish Bites 3 ea Fresh Tossed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Veggie Chik Nuggets Fresh or Chilled Fruit
8	**9**	**10**	**11**	**12**
Baked Chicken Nuggets 4 ea Five-Way Hot Mixed Vegetables ¼ c Veggie: Veggie Chik Nuggets Fresh or Chilled Fruit	"Chicken Fajita Rice Bowl" Chicken Fajita 2 oz over Rice ¼ c w/ Shredded Cheddar Cheese Fresh Cucumbers 2 ea w/ Ranch Dip; Veggie: Bean Rice Bowl Fresh or Chilled Fruit	Italian Turkey Meatball 3 ea Sub Sweet Yellow Corn ¼ c Veggie: Veggie Italian Meatless Meatball Sub Fresh or Chilled Fruit	Creamy Chicken Fettuccine Alfredo ½ c Cooked Sweet Baby Peas ¼ c Veggie: Fettuccine Alfredo Fresh or Chilled Fruit	Chicken & Cheddar Cheese Quesadilla 1 ea Fresh Cucumber Slices 2 ea w/ Creamy Ranch Dip Veggie: Cheese Quesadilla Fresh or Chilled Fruit
15	**16**	**17**	**18**	**19**
Martin Luther King Jr. Day Holiday	Orange Chicken & Vegetable Blend ½ c over Long Grain Rice ¼ c; Fresh Baby Carrots ¼ c w/ Creamy Ranch Dressing Veggie: Veggie Fried Rice Fresh or Chilled Fruit	"Breakfast For Lunch" French Toast Sticks 3 ea w/ Syrup Turkey Sausage Patty 1 ea Veggie: Veggie Breakfast Patty Fresh or Chilled Fruit	Italian Spaghetti w/ Bolognese (non-beef) Sauce ½ c Fresh Cucumber Slices 2 ea w/ Creamy Ranch Dip Veggie: Spaghetti Fresh or Chilled Fruit	Breaded Chicken Patty on Bun 1 ea Sweet Yellow Corn ¼ c Veggie: Veggie Chik Patty on Bun Fresh or Chilled Fruit
22	**23**	**24**	**25**	**26**
Baked Chicken Fingers 3 ea Fresh Green Beans ¼ c Veggie: Veggie Chik Nuggets Fresh or Chilled Fruit	Spiral Mac & Cheese ½ c California Mixed Vegetables ¼ c Veggie: Creamy Mac & Cheese Fresh or Chilled Fruit	Salisbury Steak 1 ea & Gravy over Creamy Mashed Potatoes ¼c; Baby Carrots ¼ c w/ Creamy Ranch Dressing Veggie: Veggie Meatballs Fresh or Chilled Fruit	Slow Roasted Turkey & Cheese Sub 1 ea Cooked Sweet Baby Peas ¼ c Veggie: Double Cheese Sub Fresh or Chilled Fruit	Four Cheese Ravioli w/ Marinara Sauce ½ c Fresh Cucumber Slices 2 ea w/ Creamy Ranch Dip Veggie: Cheese Ravioli Fresh or Chilled Fruit
29	**30**	**31**		
Flame Grilled Hamburger on Bun 1 ea Sweet Yellow Corn ¼ c Veggie: Veggie BOCA Burger Fresh or Chilled Fruit	Northwestern Pollock Fish Bites 3 ea Five-Way Hot Mixed Vegetables ¼ c Veggie: Veggie Chik Nuggets Fresh or Chilled Fruit	"Breakfast For Lunch" Buttermilk Pancakes 2 ea w/ Syrup Turkey Sausage Patty 1 ea Veggie: Veggie Breakfast Patty Fresh or Chilled Fruit	Fresh or Chilled Fruit: Cantaloupe, Watermelon, Apple, Banana, Orange Wedges, Pears, Diced Pears, Peaches, Apple Sauce; Fresh Vegetables are Included with Every Meal	Fresh Fruits Used Daily - Chilled Fruits used on days Produce is not Ripened THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS