SCHOOLHOUSE GRILL
School Meal Specialists

Sparkles! - Lunch

September 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
Fresh Fruits Used Daily - Chilled Fruits used on days Produce is not Ripened	Fresh or Chilled Fruit: Cantaloupe, Watermelon, Apple, Banana, Orange Wedges, Pears, Diced Pears, Peaches, Apple Sauce; Fresh Vegetables are Included with Every Meal	THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS		Baked Chicken Nuggets 4 ea Fresh Green Beans ¼ c Veggie: Veggie Chik Nuggets Fresh or Chilled Fruit
4	5	6	7	8
Labor Day Holiday	Rainbow Cheese Tortellini w/ Kale Basil Pesto ½ c Fresh Tossed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Cheese Tortellini Pasta Blend; Fresh or Chilled Fruit	Beef Taco 2 oz over Enriched Long Grain Rice ¼ c w/ Shredded Cheddar Cheese Fresh Baby Carrots ¼ c w/ Ranch Dip; Veggie: Bean Rice Bowl Fresh or Chilled Fruit	Italian Turkey Meatball 3 ea Sub Fresh Cucumbers 2 ea w/ Creamy Ranch Dip Veggie: Veggie Italian Meatless Meatball Sub Fresh or Chilled Fruit	Northwestern Pollack Fish Bites 3 ea Fresh Green Beans ¼ c Veggie: Veggie Chik Nuggets Fresh or Chilled Fruit
11	12	13	14	15
Classic Cheesy Baked Ziti ½ c Five-Way Hot Mixed Vegetables ¼ c Veggie: Classic Cheesy Baked Ziti Fresh or Chilled Fruit	Teriyaki Chicken & Vegetable Blend ½ c over Long Grain Rice ¼ c; Fresh Cucumbers 2 ea w/ Creamy Ranch Dip Veggie: Veggie Fried Rice Fresh or Chilled Fruit	"Breakfast For Lunch" Buttermilk Pancakes 2 ea w/ Syrup Turkey Sausage Patty 1 ea Veggie: Veggie Breakfast Patty Fresh or Chilled Fruit	Chicken Fettuccine Alfredo ½ c Cooked Carrot Coins ¼ c Veggie: Fettuccine Alfredo Fresh or Chilled Fruit	Chicken & Cheese Quesadilla Fresh Cucumbers 2 ea w/ Creamy Ranch Dip Veggie: Cheese Quesadilla Fresh or Chilled Fruit
18	19	20	21	22
Baked Chicken Nuggets 4 ea Fresh Cucumbers 2 ea w/ Creamy Ranch Dip Veggie: Veggie Chik Nuggets Fresh or Chilled Fruit	Breaded Chicken Patty on Bun 1 ea Sweet Yellow Corn ¼ c Veggie: Veggie Chik Patty on Bun Fresh or Chilled Fruit	Home-Style Turkey Meatballs 3 ea over Creamy Mashed Potatoes ¼ c Fresh Baby Carrots ¼ c w/ Creamy Ranch Dip Veggie: Veggie Meatless Meatballs; Fresh or Chilled Fruit	Slow Roasted Turkey & Cheese Sub 1 ea California Blend Vegetables ¼ c Veggie: Double Cheese Sub Fresh or Chilled Fruit	Four Cheese Ravioli w/ Marinara Sauce ½ c Fresh Green Beans ¼ c Veggie: Cheese Ravioli w/ Marinara Sauce Fresh or Chilled Fruit
25	26	27	28	29
Spiral Mac & Cheese ½ c Five-Way Hot Mixed Vegetables ¼ c Veggie: Creamy Mac & Cheese Fresh or Chilled Fruit	Baked Chicken Nuggets 4 ea California Blend Vegetables ¼ c Veggie: Veggie Chik Nuggets Fresh or Chilled Fruit	Hawaiian Turkey Meatballs 3 ea over Enriched Long Grain Rice ¼ c; Fresh Cucumbers 2 ea w/ Creamy Ranch Dip Veggie: Veggie Meatballs Fresh or Chilled Fruit	Flame Grilled Hamburger on Bun 1 ea Sweet Yellow Corn ¼ c Veggie: Veggie BOCA Burger on Bun Fresh or Chilled Fruit	Baked Chicken Fingers 3 ea Fresh Tossed Salad ¼ c w/ Creamy Ranch Dressing Veggie: Veggie Chik Nuggets Blend; Fresh or Chilled Fruit